



CARE OF CRYOSURGERY SITE (LIQUID NITROGEN FREEZING)

Liquid Nitrogen is extremely cold (-350 F). When it is applied to or sprayed on the skin, it freezes the top layers. It will sting and burn, and then itch as it thaws out. The treated spots will swell and may blister. This may happen after several hours, or after several days. Do not pull the blister roof off. Similar to a bug bite, the spots will then scab over and fall off, and leave behind a pink smooth spot. The healing may take 2-4 weeks. Hypopigmentation, or loss of pigment in the skin, may occur.

Following cryosurgery, clean the site twice daily with soap and water. After washing, apply Vaseline or Polysporin to the area. If the area is oozing, a bandage can be worn if desired.

For pain relief, Tylenol or Ibuprofen (such as Advil or Motrin) may be taken. Follow the directions on the bottle for correct dosing.

If you have any questions please call our office at 336-940-2407.